

massive

speed system

2304 Spring Ridge Dr. Unit A Spring Grove, IL 60081
Massive Speed System Ford Focus 00-11 Motor Mount / Inserts

- Make sure car is parked on a level surface with the parking brake engaged.
- You need only remove the two bolts on the mount itself. The bracket on the trans should remain attached.
- (Skip next two steps if you have purchased the assembled EZ-MOUNT) OEM Inserts should be pressed out. This method is easiest. They can be installed other wise - hold the factory mount solidly in a bench vise and dislodge the factory mounts with a large hammer. A large socket can be utilized as a punch once the insert has been partially removed. Obviously, this is done at your own risk and one should always wear safety glasses.
- When installing the bushings, remove the metal sleeve from bushing and press in by hand (leave factory housing in vise). Petroleum based grease should *never* be used to lubricate. The mount can and will be put in by hand. Water/soapy water would be the only suitable lubricant. Reinsert metal sleeves into bushing once bushings are located into mount.
- Flanged side of insert faces downward. Flange cut out faces towards rear of car, see image.
- OEM Trans bracket that accepts small side has a "floating" steel insert. It can be pushed over to widen the mounting area. Once mount is inserted, tightening down the bolt will bring it back to proper position.
- Use new hardware to reinstall mount. EZ-MOUNT customers - return your core motor mount!!!



1.815.675.1822

www.massivespeedsystem.com

Massive = Focus Performance Pros!!! Contact us for ANY Focus need!

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